

I CLAIM:

1. An article of adornment comprising:
 - a carrier layer having a first adhesive on one side thereof, wherein the carrier layer is sterile, hypoallergenic and allows skin to which the adornment is adhered to breathe;
 - a removable covering layer which covers the first adhesive when the adornment is not in use and which can be removed to expose the first adhesive when the adornment is to be used; and
 - a metal layer connected to the carrier layer.
2. An article of adornment according to claim 1, wherein the metal layer includes gold, silver, platinum or copper.
3. An article of adornment according to claim 2, wherein the metal layer is a 22ct or 24ct gold leaf.
4. An article of adornment according to claim 1 wherein the metal layer is connected to the carrier layer using a second adhesive.
5. An article of adornment according to claim 4, wherein the second adhesive is Japan Gold Size.
6. An article of adornment according to claim 1 wherein the carrier layer is waterproof.

7. An article of adornment according to claim 1 wherein the carrier layer is a synthetic medical skin.
8. An article of adornment according to claim 1 wherein the carrier layer and metal layer are substantially the same size as they have been cut after they have been connected to one another.
9. A method of making an article of adornment, the method comprising the steps of:

applying a metal layer to a carrier layer, the carrier layer having a first adhesive on one side thereof, wherein the carrier layer is sterile, hypoallergenic and allows skin to which the adornment is adhered to breathe; and

cutting the combined metal layer and carrier layer into a desired shape.

10. A method according to claim 9 wherein the metal layer is connected to the carrier layer using an adhesive.
11. A method according to claim 10 wherein the adhesive is Japan Gold Size.
12. A method according to claim 10 wherein the combined metal layer and carrier layer is die-cut.